



the market

Week Three

Monday
6/23/2025

Tuesday
6/24/2025

Wednesday
6/25/2025

Thursday
6/26/2025

Friday
6/27/2025

Saturday
6/28/2025

Sunday
6/29/2025

Soup
of the
Day

Action
Station

Culinary
Exchange



Specialty
Sub

Pizza

Gumbo Roasted Vegetable soup *GF	Loaded Bake potato Wild Rice Soup	Chicken Enchiladas Tomato Basil *GF	Menudo Lentil Soup	Smoke red pepper Gouda Italian Five Bean Soup*GF	----	----
Caesar Salad	Fajita Station	Create Your Own Pasta	Shrimp Ceviche Tostadas	Culinary Passport Ireland Shepherd's Pie	---	---
Chicken Cordon Bleu Potato crusted whiting Peas and Carrots *GF Roasted Potatoes *GF Roasted Brussels Sprouts*GF Dinner Rolls	Chicken Al Pastor Pork Chili Verde Spanish Rice Refried Beans Squash ala Mexicana *GF Tortillas	Southwestern Catfish Honey Chipotle Chicken Borracha Beans Mac and Cheese Steamed Broccoli *GF Garlic Breadsticks	Shrimp Etouffee Glazed Meatloaf Mashed Potatoes *GF Mixed Vegetables Green Beans *GF Dinner Rolls	Bourbon Street Chicken Salmon/Poblano *GF aioli Rice Pilaf Asparagus *GF Oven Roasted Cauliflower *GF Dinner Rolls	Chopped Steak Broccoli Roasted Red Potatoes *GF	Chef's Choice Protein Chef's Choice Starch Chef's Choice Vegetable*GF
Korean Noodle Salad	Butternut squash Curry/ Brown Rice	Pasta Primavera	Moroccan Spiced Tofu/ White rice	Ratatouille	---	---
Seafood Po'boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust*GF	Hawaiian Pizza		



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item